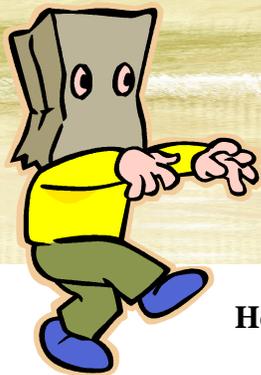


September/  
October  
2007

# A Stitch in Time



## How does a doctor become a Plastic Surgeon??

In order to become certified by the *American Board of Plastic Surgery*, a doctor must complete a 2-yr specialized residency program of plastic and reconstructive surgery, after 3-5 years of General Surgery and 4 years of medical school. They must then pass an additional series of written and oral exams.

After all that, qualified plastic surgeons may then choose to apply for membership to the *American Society of Plastic Surgeons*. Once elected, members must uphold a strict code of ethics and engage in continuing education in the field of plastic surgery.

Dr. Shenko is proud to be both Board Certified and a member of the American Society of Plastic Surgeons.



## We offer state-of-the-art Plastic & Reconstructive surgery

Abdominoplasty  
Botox®  
Brachioplasty  
Breast Reduction  
Breast Augmentation  
Breast Lift  
Brow Lift  
Ear Lobe repair  
Eyelid Surgery  
Facelift  
Liposuction  
Neck Lift  
Otoplasty (Ear pinning)  
Restylane®/ Radiesse®  
Scar revision



## “Treat” yourself with the “trick” of a Masque



Do you have dry, dull, flaky skin after a summer full of heat and sun exposure? We all have a protective “mask” of dead skin cells, called the stratum corneum, that is continually shedding. In a relatively young person, this layer renews itself every 28-30 days, but by age 60, this process can take 45-50 days, resulting in a thicker collection of dry, dull skin. This tends to make lines more noticeable and a blotchy skin complexion with age spots.



### Hydrating B5 Masque:

This highly concentrated leave-on masque contains optimal amounts of hyaluronic acid and vitamin B5 to nourish dehydrated skin and re-establish the water balance needed for a healthy, youthful appearance. Leaves skin feeling smooth and supple. Recommend weekly treatment Suitable for all skin types. **Sale price : \$36.00**

### Clarifying Clay Masque:

Contains 5% hydroxy acid to gently exfoliate dull, dry skin, as well as the highest quality earth clays to decongest pores and remove impurities and excess oils from the skin. Zinc oxide, aloe and chamomile also soothe and heal. Weekly usage is recommended. Follow with B5 Masque for optimal results. **Sale price : \$29.60**

Sale prices effective 9/1/07-10/31/07

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